Neutrino Masses, Interactions, and Asymmetries from Cosmology

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Motivation

Neutrino masses are the only laboratory evidence of physics beyond the Standard Model

Use neutrinos to understand open problems in cosmology

Neutrinos are ubiquitous in Cosmology



Use cosmological data to understand their properties

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Neutrino Cosmology

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Topics Covered

Topics covered:



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Outline

1) Neutrinos in ΛCDM

2) Neutrino Masses in and beyond ACDM

3) Neutrinos interactions and CMB observations

4) A Hint for a Large Primordial Lepton Asymmetry?

5) Conclusions and Outlook

Set Up

Unlike neutrinos, I like to interact 😃

Questions and Comments are most welcome, at any time!!!!

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Neutrino Decoupling







Cosmic Neutrino Background



• $N_{\rm eff}^{\rm SM} = 3.044(1)$

de Salas & Pastor 1606.06986 Bennett, Buldgen, Drewes & Wong 1911.04504 Escudero 2001.04466

Akita & Yamaguchi 2005.07047 Froustey, Pitrou & Volpe 2008.01074 Gariazzo, de Salas, Pastor et al. 2012.02726 Hansen, Shalgar & Tamborra 2012.03948

Relic Neutrino Decoupling

 $t \sim 0.1 \,\mathrm{s}$ $T_{\nu} \sim 2 \,\mathrm{MeV}$

Why is it not 3?

Some e⁺e⁻ heating Non-instantaneous decoupling QED thermal corrections Neutrino Oscillations

Excellent review by Dolgov hep-ph/0202122

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Neutrino Evolution

Neutrinos are always a relevant species in the Universe's evolution



Evidence for Cosmic Neutrinos

Big Bang Nucleosynthesis

Current measurements are consistent with the SM picture*



This implies that neutrinos should have been present:

- 1) It is impossible to have successful BBN without neutrinos. $n \leftrightarrow p + e^- + \bar{\nu}_e$ They participate in $p \leftrightarrow n$ conversions up to $T \gtrsim 0.7 \text{ MeV}$ $n + \nu_e \leftrightarrow p + e^-$
- 2) Neutrinos contribute to the expansion rate $\,H \propto \sqrt{
 ho}\,$

By comparing predictions against observations, we know:

$$N_{\rm eff}^{\rm BBN} = 2.86 \pm 0.28$$

see e.g. Pisanti et al. 2011.11537

*A very recent measurement of the primordial Helium abundance 3σ smaller than the SM expectation could indicate the presence of a large lepton asymmetry: $L_{\nu_e} \sim 10^{-3}$ (but which would not alter the $N_{\rm eff}^{\rm BBN}$ bound significantly)

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Evidence for Cosmic Neutrinos

Cosmic Microwave Background Why?

Ultra-relativistic neutrinos represent a large fraction of the energy density of the Universe, $H \propto \sqrt{\rho}$





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Evidence for Cosmic Neutrinos

Current constraints

Planck+BAO

BBN
$$N_{\rm eff}^{\rm BBN} = 2.86 \pm 0.28$$
 Pisanti et al. 2011.11537

 $N_{\rm eff}^{\rm CMB} = 2.99 \pm 0.17$ Planck 2018, 1807.06209

- Standard Model prediction: $N_{\text{eff}}^{\text{SM}} = 3.044(1)$
- Data is in excellent agreement with the Standard Model prediction
- This provides strong (albeit indirect) evidence for the Cosmic Neutrino Background

Implications:

1) Stringent constraint on many BSM scenarios

Sterile neutrinos, Goldstone bosons, hidden sector particles, GW ... see <u>2006.16182</u> Vaskonen & Tenkanen et al. (Escudero & Poulin)

2) We can use cosmological data to test neutrino properties

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Neutrino Properties

Figure from de Salas et al. 1806.11051



Mass differences and mixings measured with high precision



Are Neutrinos Dirac or Majorana Particles? 0v2β Experiments

What is the neutrino mass scale? i.e. Σm_{ν} ? i.e. m_{lightest} ?

Cosmology

1) Massive neutrinos modify the expansion history



• 2) Massive neutrinos suppress the growth of structure

Taken from a talk by Steen Hannestad Link.



This happens because neutrinos travel very fast and therefore cannot fall in gravitational potentials. The effect of this smoothing is proportional to Ω_{ν}

Cosmic Microwave Background Anisotropies

Neutrinos of $m_{\nu} < 0.5 \text{ eV}$ become non-relativistic after recombination. That means that their effect on the anisotropies is somewhat small!

The most relevant impact is through the effect of gravitational lensing:



The larger the neutrino mass the less is the CMB light lensed!

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Cosmic Microwave Background Anisotropies

The effect of neutrino masses in the CMB:



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Galaxy Surveys

Suppression from $\Omega_{
u}h^2$



Planck 2018 for **ACDM** (1807.06209)

$$\begin{split} &\sum m_{\nu} < 0.54 \, \mathrm{eV} \qquad \text{(95 \% CL, TT+lowE)} \\ &\sum m_{\nu} < 0.26 \, \mathrm{eV} \qquad \text{(95 \% CL, TTTEEE+lowE)} \\ &\sum m_{\nu} < 0.24 \, \mathrm{eV} \qquad \text{(95 \% CL, TTTEEE+lowE+lensing)} \\ &\sum m_{\nu} < 0.12 \, \mathrm{eV} \qquad \text{(95 \% CL, TTTEEE+lowE+lensing+BAO} \end{split}$$

To be compared to the KATRIN bound: $\sum m_{\nu} < 2.4 \,\mathrm{eV}$

Very robust bounds from linear Cosmology $\Delta T/T \sim 10^{-5}$

What about other non-linear cosmological data?

Importantly, all cosmological bounds are cosmological model dependent

What is the dependence upon the assumed Cosmological Model?

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Data beyond Planck and BAO within ACDM

$\sum m_{\nu} < 0.26 \mathrm{eV}$	Planck	Planck 1807.06209
$\sum m_{\nu} < 0.12 \mathrm{eV}$	Planck+BAO	Planck 1807.06209
$\sum m_{\nu} < 0.86 \mathrm{eV}$	BOSS P(k)	lvanov et al. 1909.05277
$\sum m_{\nu} < 0.16 \mathrm{eV}$	Planck+BOSS P(k)	lvanov et al. 1912.08208
$\sum m_{\nu} < 0.58 \mathrm{eV}$	Lyman- <i>α</i> +H₀prior	Palanque-Delabrouille et al. 1911.09073
$\sum m_{\nu} < 0.10 \mathrm{eV}$	Planck+Lyman- $lpha$	
$\overline{\sum} m_{\nu} < 0.08 \mathrm{eV}$	Planck+BAO+H₀	Choudhury & Hannestad 1907.12598
$\overline{\sum} m_{\nu} < 0.09 \mathrm{eV}$	Planck+BAO+SN+RSD	di Valentino, Gariazzo & Mena 2106.15267

- Planck is driving current cosmological constraints
- Non-linear or mildly non-linear data sets break degeneracies in the fit
- The larger H₀ is, the stronger the constraint on $\sum m_{\nu}$ is (However, this comes from combining two data sets in strong tension!)

Cosmological Model Dependence

Planck+BAO and 3 degenerate neutrinos

 $\sum m_{\nu} < 0.12 \,\mathrm{eV}$ **Standard Case** $\Lambda CDM + m_{\nu}$ Planck 1807.06209 $\sum m_{\nu} < 0.25 \,\mathrm{eV}$ **Dark Energy dynamics** $CDM+m_v+\omega_a+\omega$ **Choudhury & Hannestad 19'** $\sum m_{\nu} < 0.15 \,\mathrm{eV}$ **Varying Curvature** $\Lambda CDM + m_{\nu} + \Omega_k$ **Choudhury & Hannestad 19'** $\sum m_{\nu} < 0.13 \,\mathrm{eV}$ Varying N_{eff} ΛCDM+m_v+N_{eff} Planck 1807.06209 $\sum m_{\nu} < 0.17 \,\mathrm{eV}$ Varying $N_{eff}+\omega+\alpha_s+m_v$ $CDM+m_v+N_{eff}+\omega+a_s+m_v$ di Valentino et al. 1908.01391

Constraints are robust upon standard modifications of ΛCDM

Cosmological Model Dependence Non-standard Neutrino Cosmologies:

Invisible Neutrino Decay

 $\nu_i \rightarrow \nu_j \phi$ $\sum m_{\nu} \lesssim 0.2 \,\mathrm{eV}$

Oldengott, Wong et al. 2203.09075 & 2011.01502 Escudero & Fairbairn 1907.05425

 $\nu_i \to \nu_4 \phi$ $\sum m_{\nu} \lesssim 0.42 \,\mathrm{eV}$

Abellán, Poulin et al. 1909.05275, 2112.13862 Escudero, López-Pavón, Rius & Sandner 2007.04994

Time Dependent Neutrino Masses

Late phase transition

 $\sum m_{\nu} < 1.4 \,\mathrm{eV}$

Dvali & Funcke 1602.03191 Lorenz et al. 1811.01991 & 2102.13618

Ultralight scalar field screening

 $\sum m_{\nu} < 3 \,\mathrm{eV}$

Esteban & Salvadó 2101.05804 Wetterich et al. 1009.2461

Non-standard Neutrino Populations

 $T_{\nu} < T_{\nu}^{\rm SM} + {\rm DR}$

 $\sum m_{\nu} < 3 \,\mathrm{eV}$

Farzan & Hannestad 1510.02201 Escudero, Schwetz & Terol-Calvo 2211.01729

 $< p_{\nu} > > 3.15 T_{\nu}^{SM}$

 $\sum m_{\nu} < 3 \,\mathrm{eV}$

Oldengott et al. 1901.04352 Alvey, Escudero & Sabti 2111.14870

Bounds can be significantly relaxed in some extensions of ACDM. They require modifications to the neutrino sector.

But Why? and How?

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Not only a background effect:

Massive neutrinos also affect CMB lensing lpha $\, \Omega_{
u}$

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Neutrino Decays



Neutrinos decaying with $\tau_{\nu} \lesssim t_U/10$ do not impact D_M(z_{CMB}) Effect of induced neutrino Lensing is substantially reduced Unstable Neutrinos can relax the bounds on Σm_{ν} !

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Non-standard Neutrino Cosmologies:

Invisible Neutrino Decay

 $\sum_{i}^{\nu_{i}} \rightarrow \nu_{j} \phi$ $\sum_{\nu} m_{\nu} < 0.2 \,\mathrm{eV}$

Oldengott, Wong et al. 2203.09075 & 2011.01502 Escudero & Fairbairn 1907.05425 Archidiacono & Hannestad 1311.3873

 $\nu_i \rightarrow \nu_4 \phi$

at least: $\sum m_{
u} \lesssim 0.42 \, {
m eV}$

Abellán, Poulin et al. 1909.05275, 2112.13862 Escudero, López-Pavón, Rius & Sandner 2007.04994

Time Dependent Neutrino Masses

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Esteban & Salvadó 2101.05804 Esteban, Mena & Salvadó 2202.04656

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 $T_{\nu} < T_{\nu}^{\rm SM}$

 $\sum m_{\nu} < 3 \,\mathrm{eV}$

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 $< p_{\nu} > > 3.15 T_{\nu}^{\text{SM}}$

 $\sum m_{\nu} < 3 \,\mathrm{eV}$

Oldengott et al. 1901.04352 Alvey, Escudero & Sabti 2111.14870

Take Away Messages:

- Cosmology can only constrain $\Omega_{\nu}(z)$ and not directly m_{ν}
- Of course, in ACDM there is a direct link between $\Omega_{\nu}(z)$ and m_{ν}
- All these models reduce $\Omega_\nu(z)$ with respect to the one in $\Lambda {\rm CDM}$ and are in excellent agreement with all known cosmological data
- Importantly, they entail non-standard neutrino properties

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Neutrino Interactions

Neutrinos represent a large component of the energy density of the Universe



- Neutrinos have very special cosmological perturbations
 - 1) They are ultrarelativistic until $z \sim 200 \, m_{\nu}/0.1 \, \mathrm{eV}$

2) In the SM: since $t_U \sim 0.1 \, \mathrm{s} \, (T \sim 2 \, \mathrm{MeV})$, they are free streaming i.e. do not interact with anything

These together actually mean that CMB observations can probe potential neutrino interactions!

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Why?

First discussed by Bashinsky & Seljak in [astro-ph/0310198] and applied by Chacko, Hall, Okui & Oliver [hep-ph/0312267]

The key is in Einstein's equations

Neutrino anis strepic stress Metric

 \mathcal{J}_{ν} \longrightarrow

 $G_{\mu\nu} = 8\pi G T_{\mu\nu}$ Background expansion: Neff $\delta G_{\mu\nu} = 8\pi G \delta T_{\mu\nu}$ Perturbations: can tell about interactions

 $\delta g_{\mu\nu}$ —

Free Streaming Neutrinos $\sigma_{\nu} \neq 0$



Interacting Neutrinos $\sigma_{\nu} \rightarrow 0$

CMB spectra

 $\rightarrow \Delta T_{\nu}$



Effect of Neutrino Free-streaming in the CMB



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The Neutrino Freestreaming window

Together with Petter Taule and Mathias Garny in <u>2207.04062</u> we have recently stablished the presence of a neutrino free streaming window.



This analysis reinforces the fact that neutrino free streaming cannot be suppressed in

$$2000 \lesssim z_{\rm int} \lesssim 10^5$$

 $0.3 \,\mathrm{eV} \lesssim T_{\nu} \lesssim 15 \,\mathrm{eV}$

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Models

Neutrino Decays ν_j

Hannestad & Raffelt [hep-ph/0509278] Basboll, Bjaelde, Hannestad & Raffelt [0806.1735] Escudero & Fairbairn [1907.05425] Chacko, Dev, Du, V. Poulin and Y. Tsai [1909.05275] Barenboim, Chen, Hannestad, Oldengott, Tram & Wong [2011.01502] Abellán, Chacko, Dev, Du, Poulin & Tsai [2112.13862] Chen, Oldengott, Pierobon & Wong [2203.09075]

Neutrino Scatterings



Cyr-Racine & Sigurdson [1306.1536] Lancaster, Cyr-Racine, Knox & Pan [1704.06657] Oldengott, Tram, Rampf & Wong [1706.02123] Kreisch, Cyr-Racine & Doré [1902.00534] Das & Ghosh [2011.12315] Choudhury, Hannestad & Tram [2012.07519] Brinckmann, Chang & LoVerde [2012.11830]

Neutrino Annihilations



Beacom, Bell & Dodelson [astro-ph/0404585] Hannestad [astro-ph/0411475] Archidiacono & Hannestad [1311.3873] Forastieri, Lattanzi & Natoli [1904.07810]

eV-scale neutrinophilic bosons



Chacko, Hall, Okui & Oliver [hep-ph/0312267] Escudero & Witte [1909.04044] Escudero & Witte [2103.03249]

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The case of the Majoron



The Majoron is the pseudo-Goldstone boson associated with the spontaneous breaking of $U\!(1)_L$

$$\mathscr{L} = \lambda \phi \, \bar{\nu} \gamma_5 \nu \qquad \qquad \lambda = m_{\nu} / v_{\phi}$$

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The case of the Majoron



- CMB observations can test a well motivated neutrino mass model up to TeV scales!
- The model features an enhanced expansion history and together with the majoron-neutrino interactions can ameliorate the Hubble tension

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Recent Anomalous Helium Measurement

The EMPRESS collaboration reported a Primordial Helium abundance smaller than the SM value by 3 sigma

$$Y_P \equiv \frac{\rho_{^4\text{He}}}{\rho_b}$$
 $Y_P = 0.2370(34)$ Matsumoto et al. [2203.09617]
 $Y_P \equiv \frac{\rho_{^4\text{He}}}{\rho_b}$ $Y_P^{\text{SBBN}} = 0.2471(02)$ Pitrou et al. [1801.08023]

There are several other recent Yp determinations that are in agreement with the SM but their new measurement is interesting because they have 5 new extremely metal poor systems:



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Primordial Lepton Asymmetries

The simplest BSM interpretation of a lower value of the primordial helium abundance is the presence of a non-zero lepton asymmetry in electron neutrinos at the time of BBN

Matsumoto et al. [2203.09617] Burns, Tait & Valli [2206.00693] Escudero, Ibarra & Maura [2208.03201]

Some basics about lepton asymmetries:

The lepton asymmetries are parametrized with a comoving neutrino chemical potential:

$$\xi_{\nu} \equiv \mu_{\nu}/T_{\nu} \qquad \frac{n_{\nu_e} - n_{\nu_{\bar{e}}}}{n_{\gamma}} \simeq 0.25 \times \xi_{\nu_e}$$

Neutrinos start to oscillate at $T \sim 8 \,\mathrm{MeV}$

This means that $|\xi_{\nu_e}| \simeq |\xi_{\nu_{\mu}}| \simeq |\xi_{\nu_{\tau}}|$ by the time of BBN see e.g.: 0809.0631 locco, Mangano, Miele, Pisanti & Serpico

This implies that a constraint on $\xi_{
u_e}$ generically applies to $\xi_{
u_{u/\tau}}$

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Primordial Helium and ν_e -Asymmetry



Primordial Helium and ν_e -Asymmetry



The key processes

$$\begin{array}{l} n\leftrightarrow p+e^{-}+\bar{\nu}_{e} \\ n+\nu_{e}\leftrightarrow p+e^{-} \\ n+e^{+}\leftrightarrow p+\bar{\nu}_{e} \end{array} \begin{array}{l} Y_{\mathrm{P}}\simeq \displaystyle \frac{2n/p}{1+2n/p} \\ \end{array} \right|_{T=T_{\mathrm{BBN}}} \end{array}$$

ν_e -Asymmetry: Current Status

Escudero, Ibarra & Maura [2208.03201] (to appear in PRD)



Planck is compatible with a zero lepton asymmetry

The preference for a non-zero asymmetry is driven only by EMPRESS. Taking the PDG-21 recommended value points to $\xi_{\nu_e} = 0$

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ν_e -Asymmetry: Current Status

Escudero, Ibarra & Maura [2208.03201] (to appear in PRD)



The presence of a non-zero $\Delta N_{\rm eff}$ changes the inference on ξ_{ν_e} Taking EMPRESS: Preference for $\xi_{\nu_e} > 0$:

- 2.9 σ Fixed Neff = 3.044
- 1.9 σ Varying Neff
- 2.9σ Varying Neff but with $\Delta N_{\rm eff} > 0$

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ν_e -Asymmetry: Future Sensitivity

Escudero, Ibarra & Maura [2208.03201] (to appear in PRD)



Simons will reach a similar sensitivity than current BBN analyses. CMB-S4 will do even better:

EMPRESS: 2.9σ **EMPRESS+Simons:** 4.3σ **EMPRESS+CMB-S4:** 5.2σ

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ν_e -Asymmetry: Future Sensitivity

Escudero, Ibarra & Maura [2208.03201] (to appear in PRD)



With $\Delta N_{\rm eff}$ it will be harder to break the degeneracies, even with Simons or CMB-S4. The tension will have low significance

Neutrino Cosmology

EMPRESS: 1.9σ

EMPRESS+Simons: 2.8σ

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EMPRESS+CMB-S4: 3.1σ

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Conclusions

Neutrino Masses:

Cosmological bounds are very stringent in Λ CDM: $\sum m_{\nu} < 0.12 \, \text{eV}$

There are several non-standard cosmologies where this bound can be evaded

Unstable neutrinos are a plausible particle physics possibility

Neutrino Interactions:

The CMB is a powerful probe of neutrino interactions We have shown that there is a well defined $2 \times 10^3 \leq z \leq 10^5$ redshift region where neutrinos must free stream These bounds are relevant for many particle physics scenarios

Neutrino Asymmetries:

The EMPRESS survey has recently reported an anomalously low Helium abundance $\frac{n_{\nu_e} - n_{\bar{\nu}_e}}{2} \sim 1\%$ We have performed a global BBN and CMB analysis showing:

 n_{γ}

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Outlook

Neutrino Masses:

KATRIN reach:

$$\sum m_{
u} < 0.6\,\mathrm{eV}$$
 (90% CL)

Next generation of 0v2 β experiments, e.g. LEGEND: $m_{\beta\beta} \sim 0.02 - 0.04 \,\mathrm{eV}$

JUNO/DUNE expected to determine the neutrino ordering

Next Galaxy Surveys+CMB should detect neutrino masses

e.g.: 1308.4164 Font-Ribera et al., 1408.7052 Kitching et al.

DESI/EUCLID+Planck:

$$\sigma\left(\sum m_{\nu}\right) \simeq 0.02 \,\mathrm{eV} \,(1\,\sigma)$$

Lepton Asymmetries:

Simons Observatory in ~ 6 years: $\sigma(\xi_{\nu_e}) = 0.014$, $\sigma(N_{\text{eff}}) = 0.06$ CMB-S4 in >10 years $\sigma(\xi_{\nu_e}) = 0.010$, $\sigma(N_{\text{eff}}) = 0.03$

Should be able to clarify the situation independently on local measurements.

Of course, further scrutiny is needed in the local measurements that are currently dominated by systematic effects What about BSM models?

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Time for Questions and Comments

Upcoming years are going to be exciting!



Thank you for your attention!

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