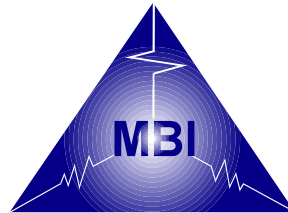


Strong-field Kapitza-Dirac Scattering of Neutral Atoms

Ulli Eichmann

Max-Born-Institute, Berlin, Germany



Sebastian Eilzer, Henri Zimmermann

Outline

- Neutral excited atoms in strong laser fields
Excitation in the tunneling regime via frustrated tunneling ionization
- Limits on strong-field excitation?
Stabilization of atoms in strong laser field above 10^{16} Wcm^{-2} ?
- Importance of the intensity gradient in a focused laser field
- Realization of the strong field Kapitza Dirac effect for neutral atoms

Atomic physics in strong laser fields (tunneling picture)

Typical assumptions

- **Traveling wave laser field**
laser intensity $< 10^{16}$ W/cm², pulse duration < 40 fs, wavelength 800nm
- **Dipole approximation holds**, Keldysh parameter < 1

$$\vec{E}(\vec{r}, t) \equiv \vec{E}(t)$$

No electric field gradients , no magnetic fields

Models:

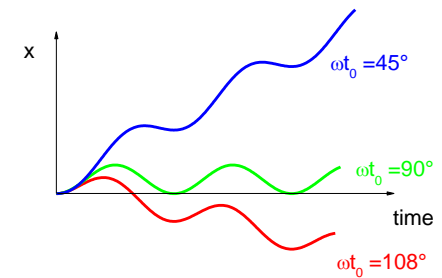
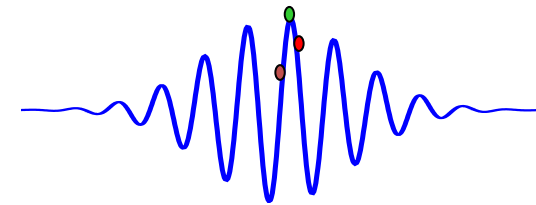
- **Tunneling model** (*Keldysh 1964*):
- **Simple man's model** (*Gallagher 1988; Muller, VandenHeuvell 1988*)
classical motion of an electron in the laser field
- Special case: **Rescattering model** (linearly polarized light), *Corkum 1993*
Focus on return of the electron to the ionic core (HHG, HATI, NSDI)
Electron is considered to be ionized after tunneling

Frustrated tunneling ionization (FTI)

Nubbemeyer et al., PRL 101, 233001 (2008)

Extension: Including the Coulomb potential in the trajectory calculation

- Electron set free close to the maximum of a field cycle gains hardly any drift or recollision energy
- Electron cannot overcome the Coulomb potential,
=> electron has total energy negative after the laser pulse
=> electron is left in a bound Rydberg states
- Excitation of atoms in the tunneling regime
- Strong exit channel, up to 20% of tunneled electrons remain bound



Frustrated tunneling ionization (FTI)

$$\vec{F} = m\ddot{\vec{x}} = -e\vec{E}_0 \cos(\omega t) f(t) + \vec{F}_c$$

Linearly polarized light

$$\vec{E}_0 = E_0 \vec{e}_x$$

Initial conditions

$$x(t_{tun}) = x_{tun}, \quad \dot{x}(t_{tun}) = 0; \quad y, z(t_{tun}) = 0, \quad \dot{y}(t_{tun}) = p_{perp} / m$$

Tunneling probability according to strong field tunneling theory

Frustrated tunneling ionization (FTI)

Formation of bound states as a function of the parameter space p_{perp} and field phase

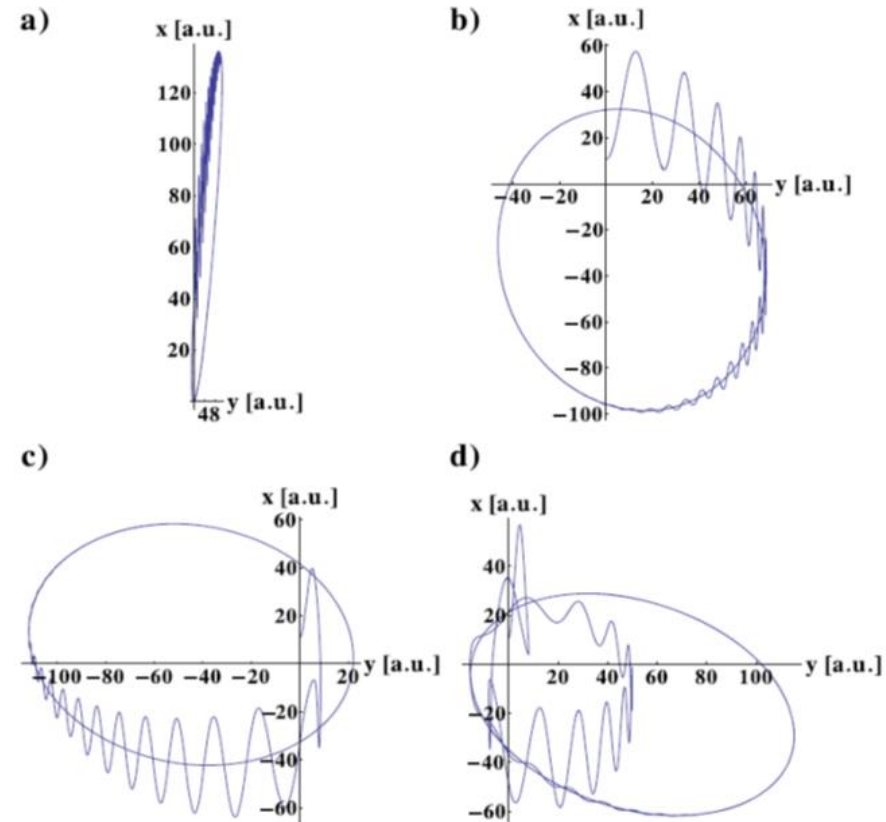
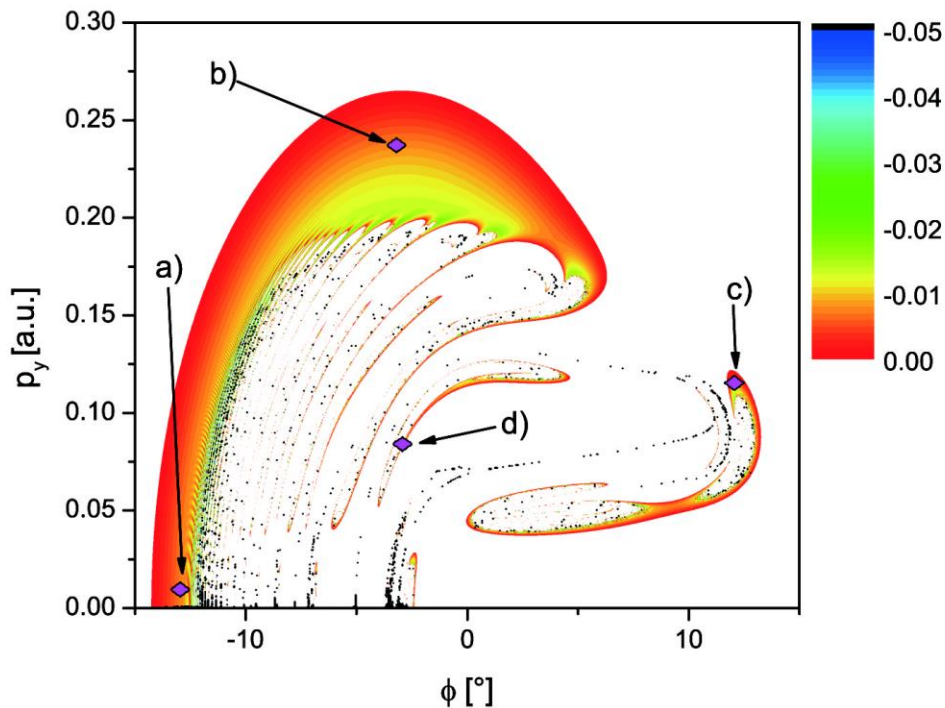
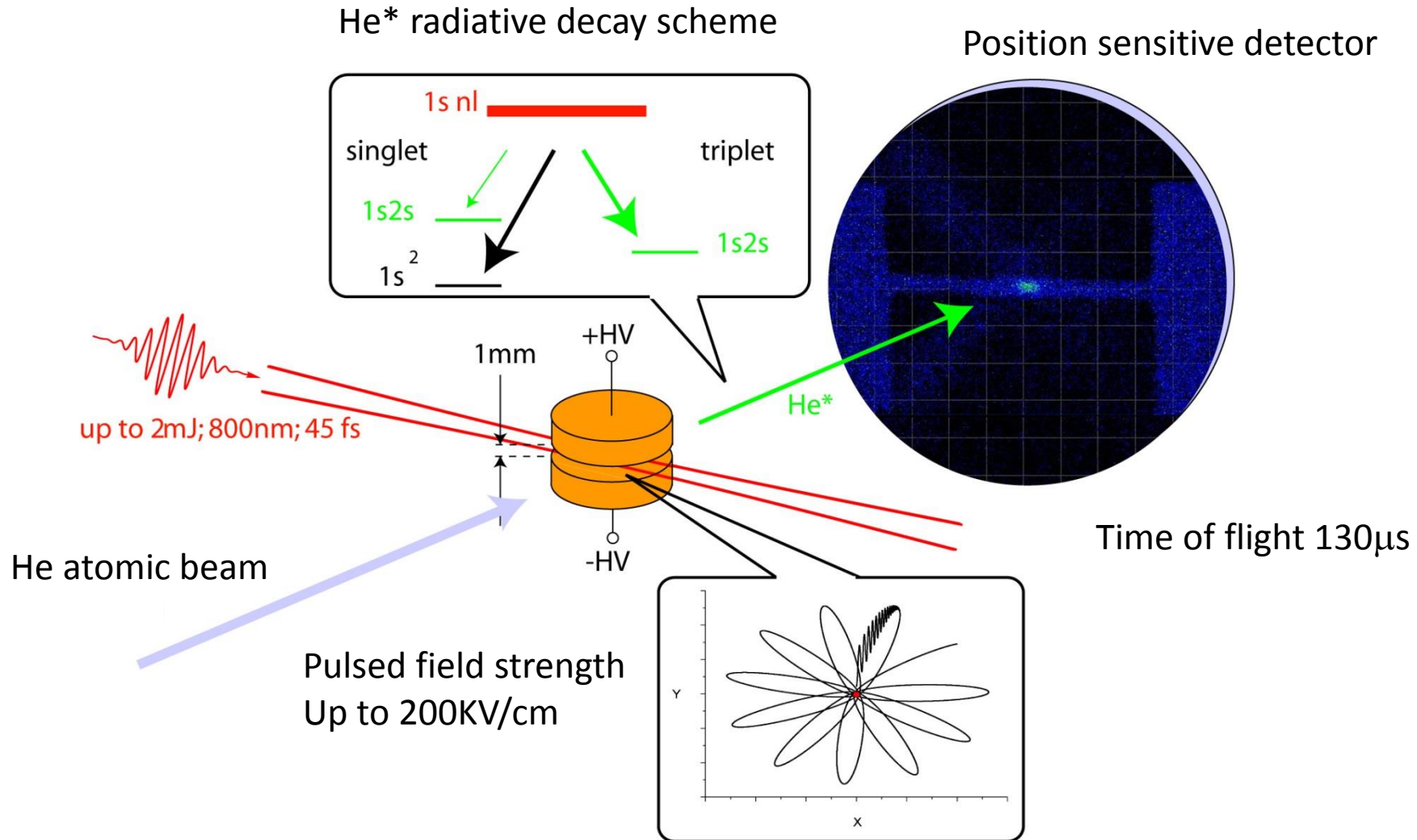


Figure 2. Sample trajectories calculated for initial conditions indicated in figure 1.

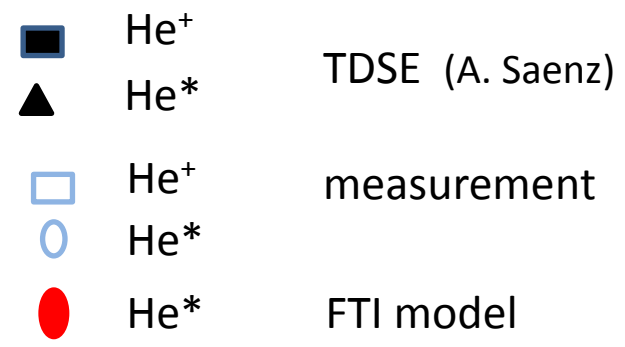
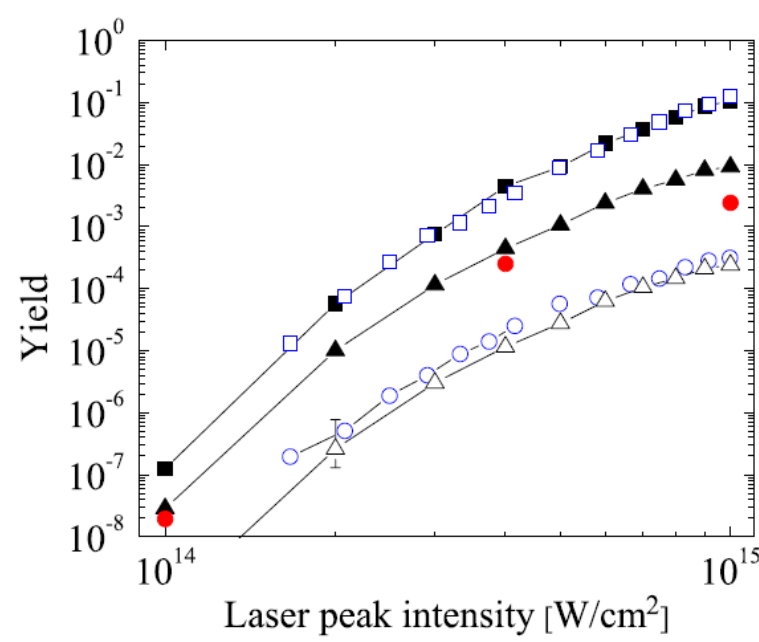
Energy corresponds to $n = 8$, $\ell = 0-10$

Detection of excited He atoms

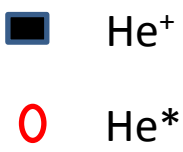
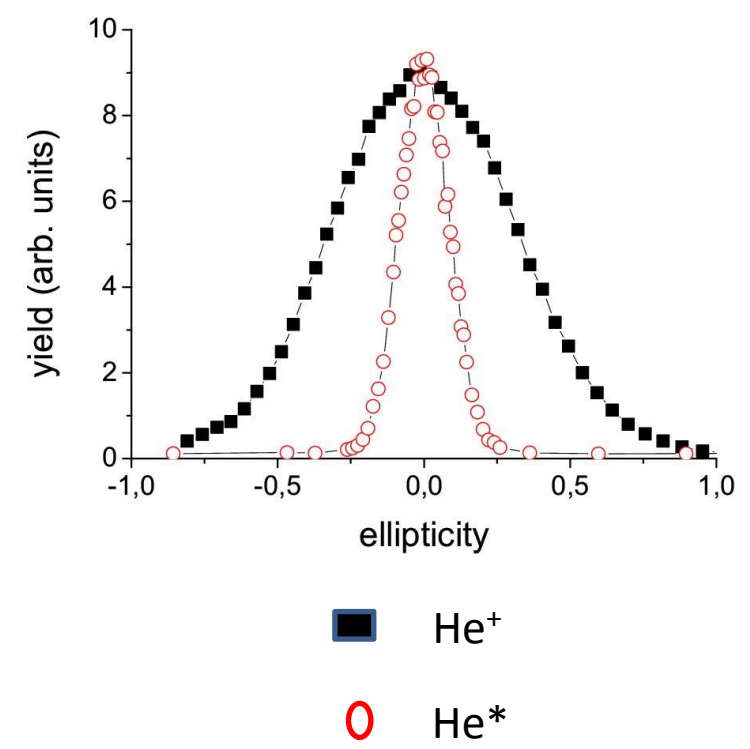


Measurement on Helium atoms

Total He⁺, He* yield



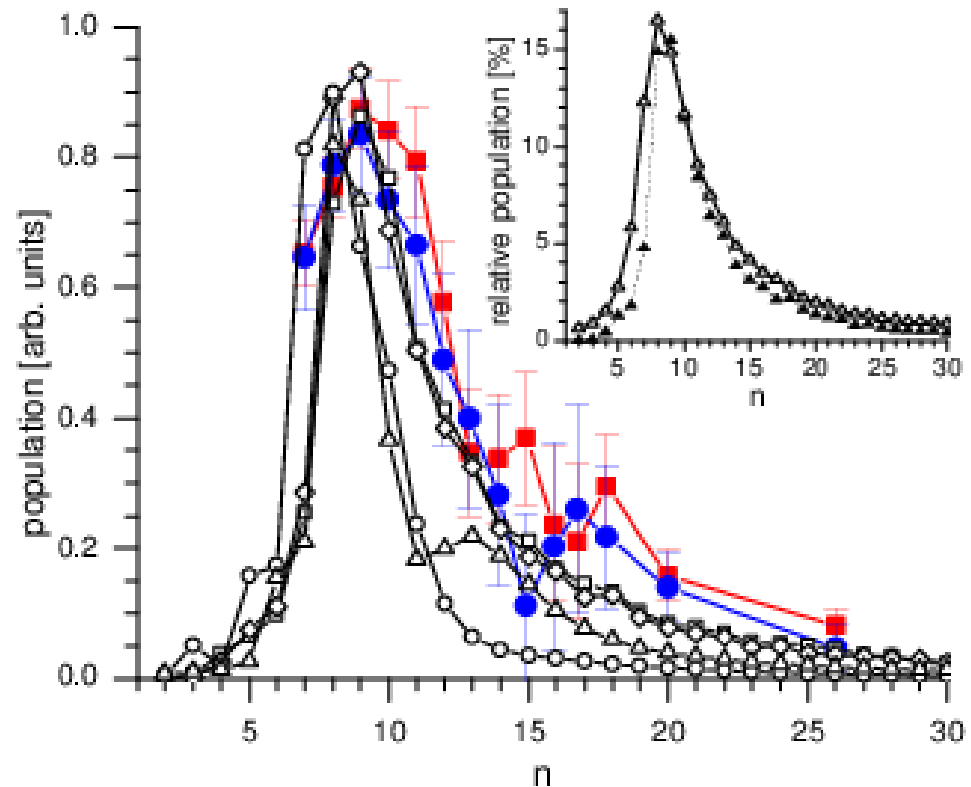
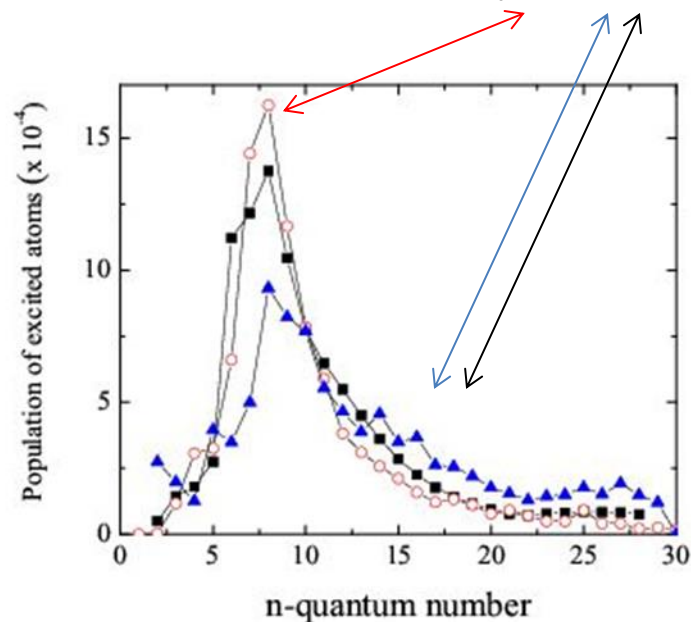
Polarization dependent He⁺, He* yield



Confirmation of predicted n distribution

H. Zimmermann *et al.*, *Phys. Rev. Lett.* **114** 123003 (2015)

Prediction n distribution (FTI, TDSE)

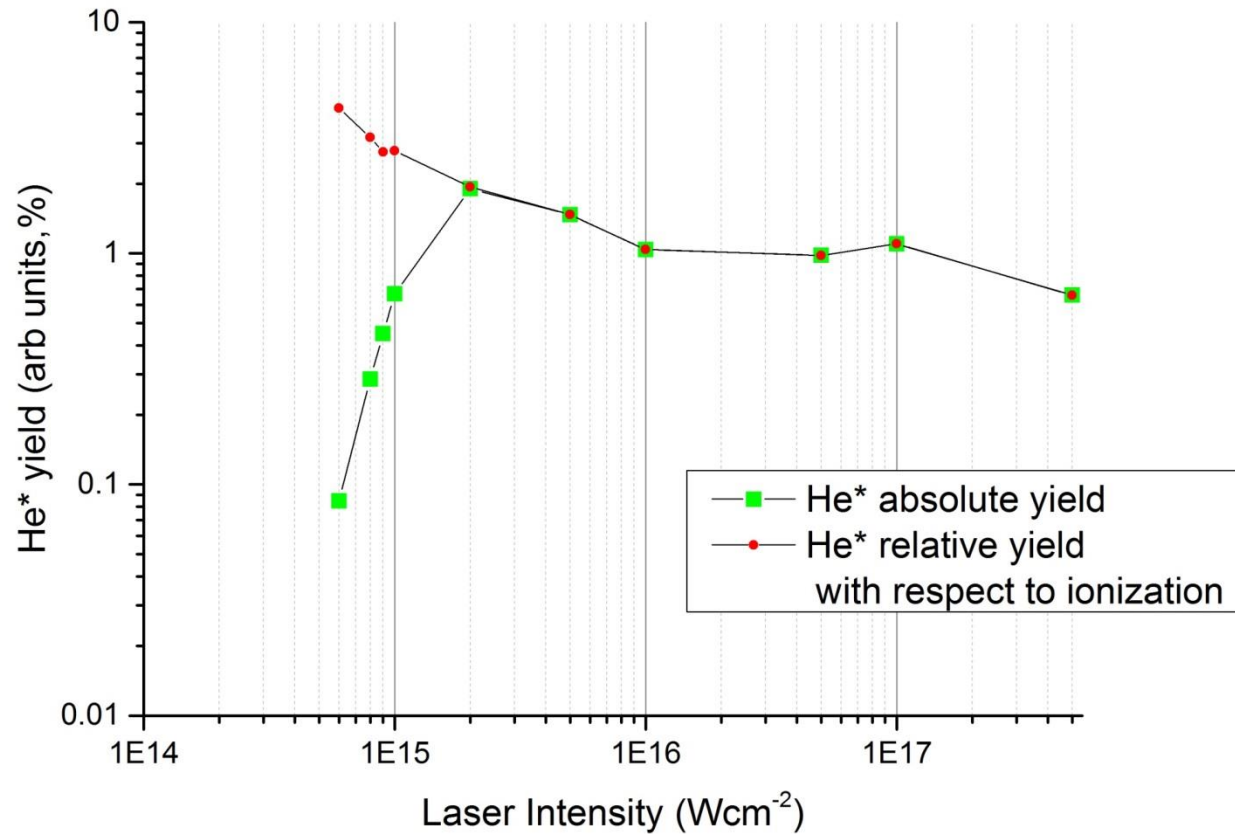


Spin effect: Direct singlet to triplet transitions

by excitation of the singlet component of a singlet/triplet wavepacket

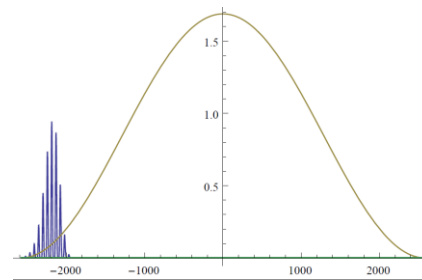
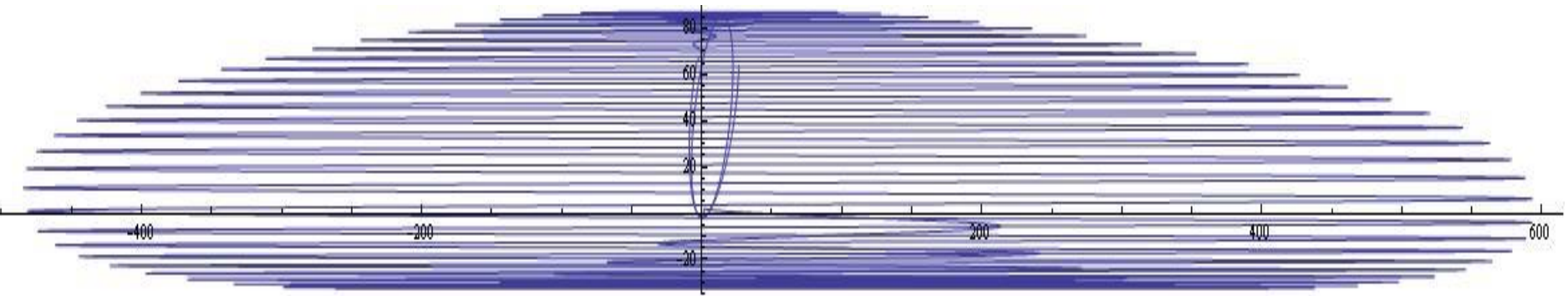
For $l > 2$ LS coupling in He breaks down

He excitation at high intensities (according to FTI)



He excitation at high intensities (according to FTI)

Sample trajectory at 10^{17} Wcm^{-2}



At 10^{17} Wcm^{-2} electron tunnels at early times

Addressing the old problem: stabilization of atoms in strong laser fields

Henneberger PRL 21 838 (1968), Gavrilu et al PRL 1990, Popov et al J. Phys B36 R125 (2003), Morales et al. PNAS2011

Intensity gradient in a focused laser field ?

Ponderomotive force on neutral atoms through the FTI mechanism

- Quivering electron feels the ponderomotive force during the laser pulse
- As long as the average Coulomb force is higher than F_p electron drags the ionic core
- After the pulse the electron is bound

∴ **Ponderomotive force on electron causes centre of mass motion**

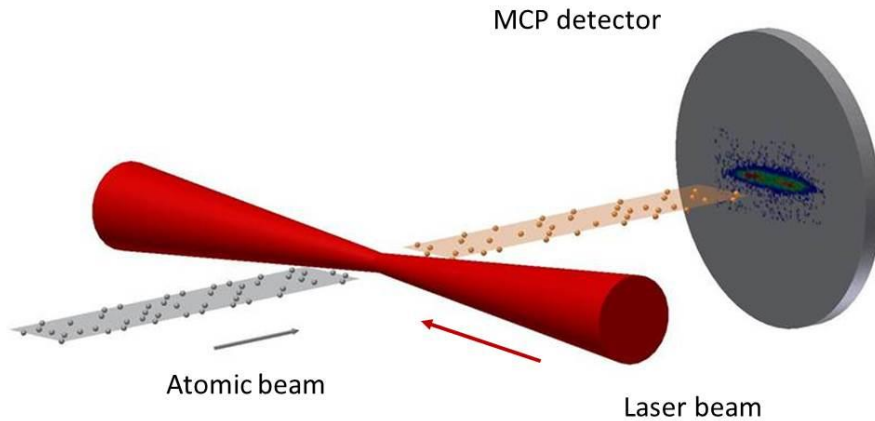
$$M\ddot{\vec{R}} = -\frac{e^2}{4m_e\omega^2} \nabla |\vec{E}_0|^2$$

equation of motion
for the center of mass

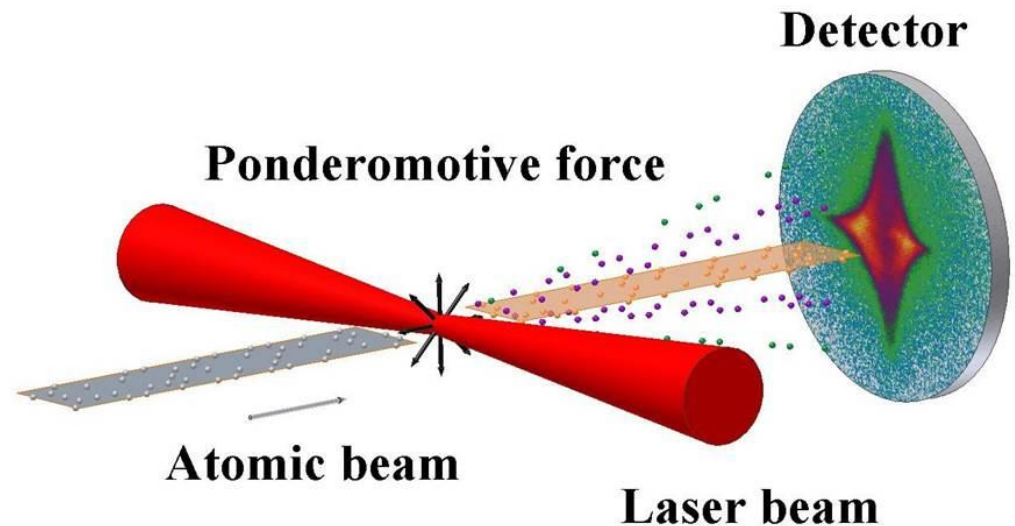
Neutral atoms feel the ponderomotive force!

Deflection of atoms in strong focused laser fields

Negligible ponderomotive force (heavy atoms)

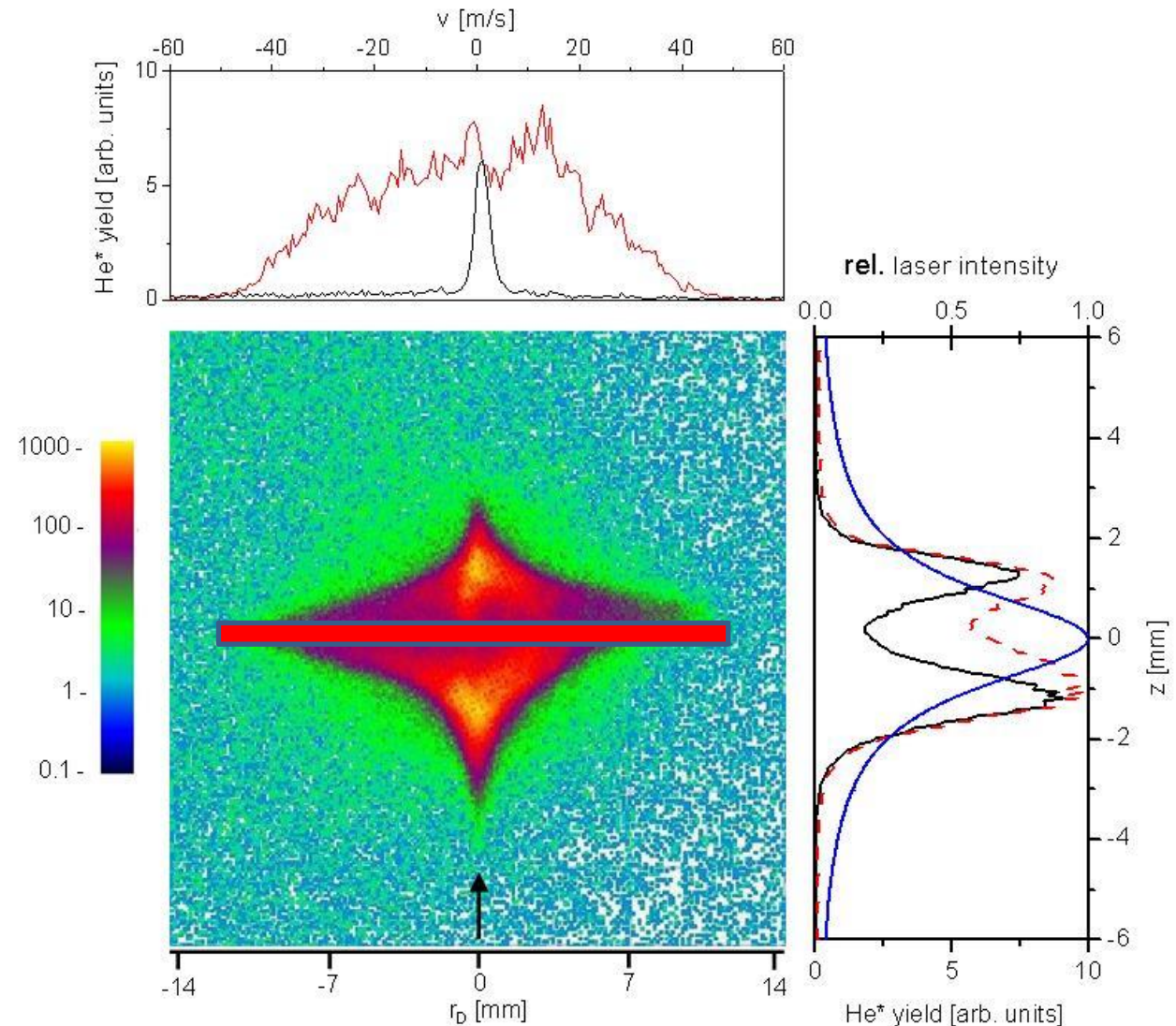


Ponderomotive force (light atoms ,He, Ps)



Deflection of atoms in strong focused laser fields

Highest acceleration of neutral matter: $10^{14}g$



He at $7 \cdot 10^{15} \text{ Wcm}^{-2}$

Strong-field Kapitza-Dirac Scattering of Neutral Atoms

- Standing wave laser field (two counterpropagating fs -laser pulses)
laser intensity $\sim 10^{15}$ W/cm²
- Breakdown of dipole approximation

$$\vec{E}(\vec{r}, t); \vec{B}(\vec{r}, t)$$

strong field gradient on the wavelength scale $k=2\pi/\lambda$

- Tunneling picture + (semi)classical electron dynamics needs to be modified

$$E \approx \cos(kz)$$

$$B \approx \sin(kz)$$

Kapitza and Dirac (1933)

Reflections of electrons from standing light waves

Kapitza-Dirac effect observable for particles in general

Measurements with electrons (pulse duration several hundred ps, $I = 10^{13} \text{W/cm}^2$)

ATI electrons (Bucksbaum et al. PRL 1988)

Free electron beam Freimund et al., Nature 413, 142 (2001)

Only recently: fs electron beam diffracted in fs standing wave (D Miller (2008))

Atoms (cold quantum gases) in cw standing light waves
(optical lattices, very popular)

Kapitza-Dirac effect

Classical approach:

- Acceleration of (charged) particles through the cycle averaged force ponderomotive force

$$\vec{F}_p \approx -\nabla |\vec{E}_0|^2$$

Quantum mechanical approach (two-photon process)

- Absorption of one photon from one of the laser pulses
 - Stimulated emission by one photon from the counterpropagating laser pulse
- Net momentum transfer : 2 photon momenta

At low intensity : Bragg scattering (photon picture)

At higher intensities : classical picture (up to 1000 two-photon process)

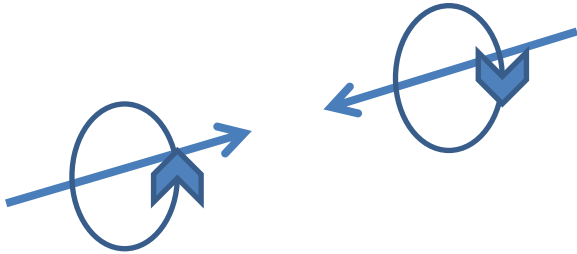
Standing wave : Circularly polarized beams

$$\vec{E}_1 = E_0(\hat{e}_x \cos(\omega t - kz) + \hat{e}_y \sin(\omega t - kz))$$

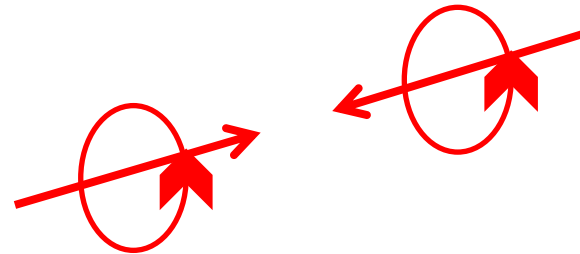
$$\vec{E}_2^{(\pm)} = E_0(\hat{e}_x \cos(\omega t + kz) \pm \hat{e}_y \sin(\omega t + kz))$$

$$I_{sw}^{(-)} = (\vec{E}_1 + \vec{E}_2^{(-)})^2 = 4E_0^2 \sin^2(\omega t)$$

$$I_{sw}^{(+)} = (\vec{E}_1 + \vec{E}_2^{(+)})^2 = 4E_0^2 [1 + \cos(2kz)]$$



Result: linear polarization, excitation possible
no standing wave

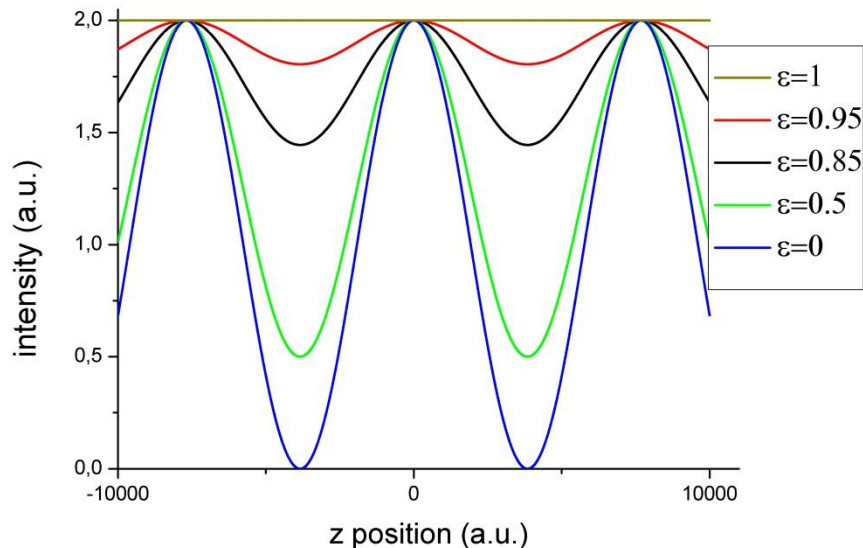
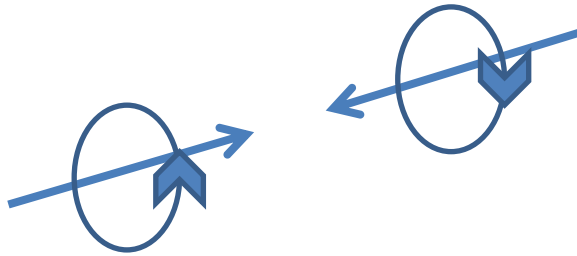


Result: circular polarization, no excitation
full standing wave

Standing wave: Elliptically polarized beams

$$\vec{E}_1 = E_0(\hat{e}_x \cos(\omega t - kz) + \hat{e}_y \varepsilon \sin(\omega t - kz))$$

$$\vec{E}_2^{(\pm)} = E_0(\hat{e}_x \cos(\omega t + kz) \pm \hat{e}_y \varepsilon \sin(\omega t + kz))$$



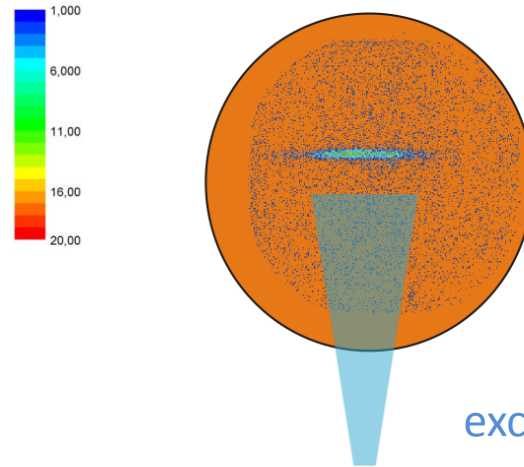
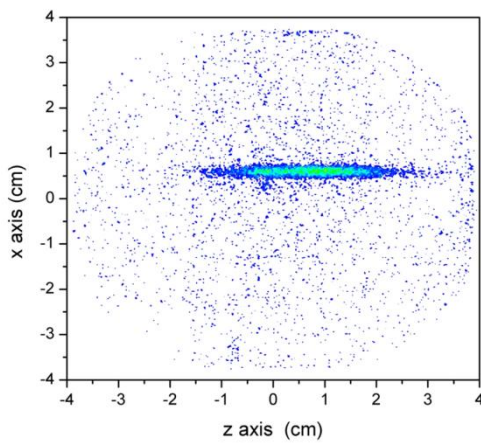
$$I_{sw}^{(-)} = (E_1 + E_2^{(+)})^2 =$$

$$2E_0^2 \left[1 + \varepsilon^2 + (1 - \varepsilon^2) \cos(2kz) \right] \sin^2(\omega t)$$

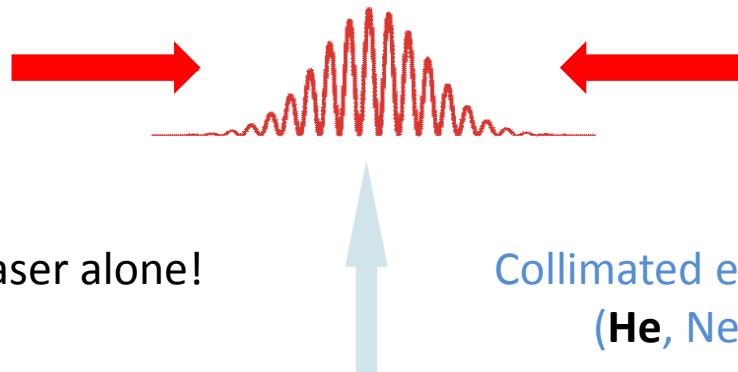
Linear polarization

intensity („visibility“)
of the standing wave is tunable

Position sensitive detector



excited atomic beam

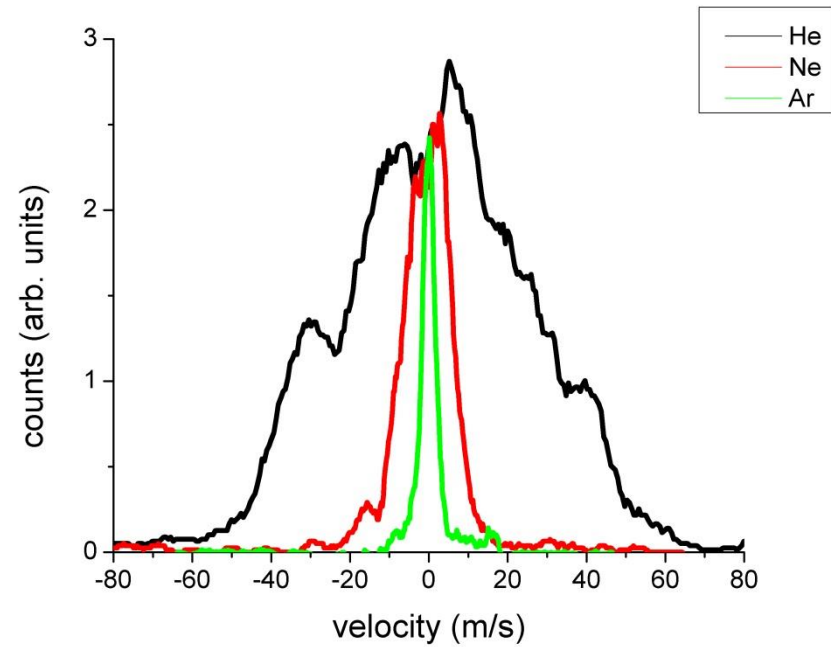


No signal from each laser alone!

Collimated effusive atomic beam
(He, Ne, Ar)

Excitation volume : length of standing wave: $c\tau = 17\mu\text{m}$
diameter of standing wave: $2w_0 = 70\mu\text{m}$

Final velocity distribution for different gases



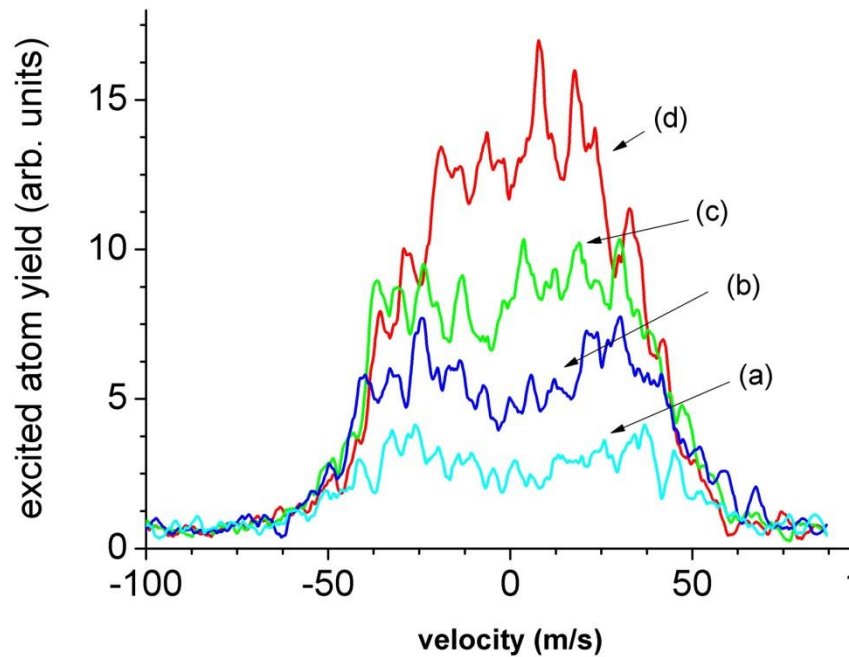
$$I = 1.5 \cdot 10^{15} \text{ W/cm}^2, \varepsilon = 0.85$$

Mass dependent final velocity

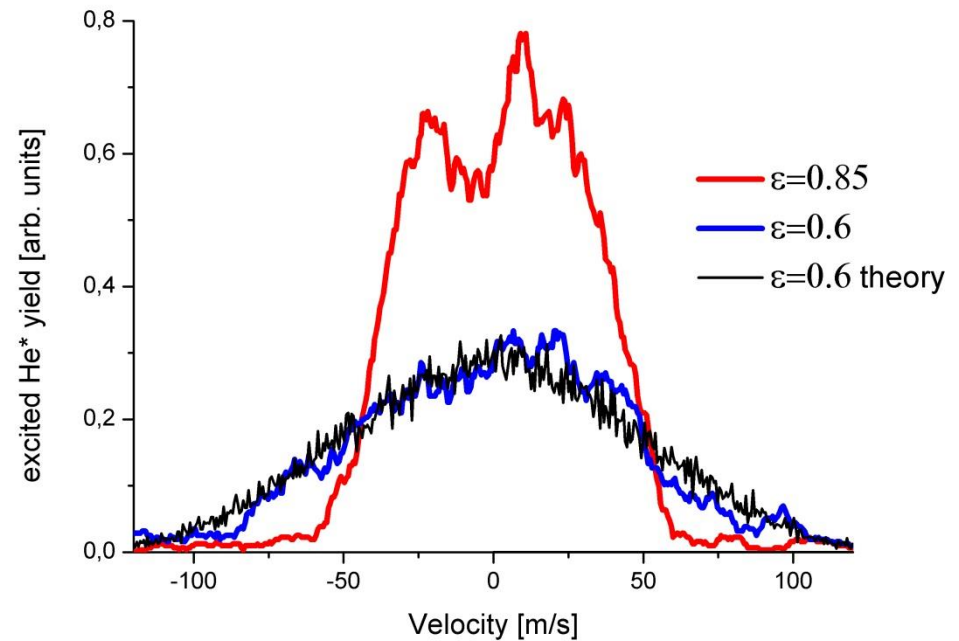
Final velocity distribution

Intensity dependence

$\varepsilon=0.85$



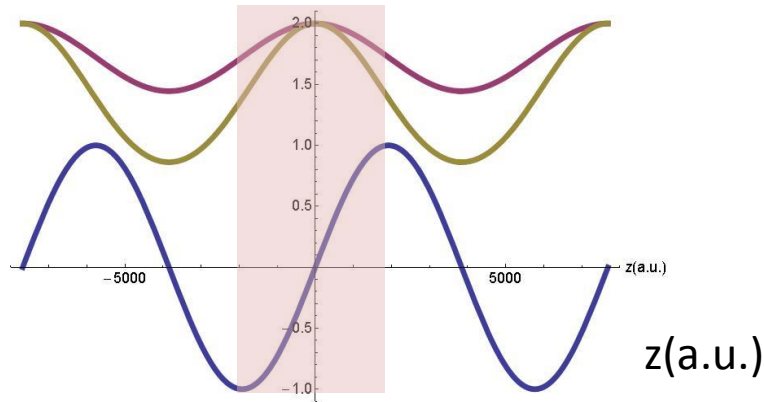
Dependence on ellipticity



Intensity of standing wave

a) 3.7, b) 4.6, c) 5.5, d) 6.9 ($\times 10^{14}$ W/cm²)

Acceleration in a standing light wave



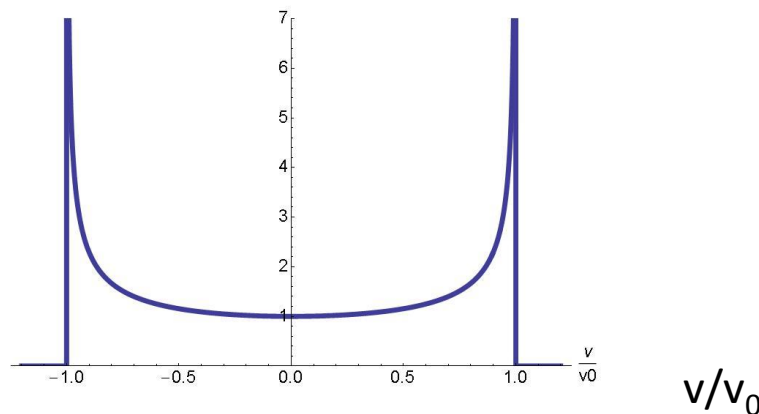
$$I \sim \cos(2kz)$$

Excitation probability

\sim ADK rate

$$\text{Intensity gradient} \sim \sin(2kz)$$

Final velocity for randomly distributed atoms, acceleration for a fixed time t



Velocity distribution

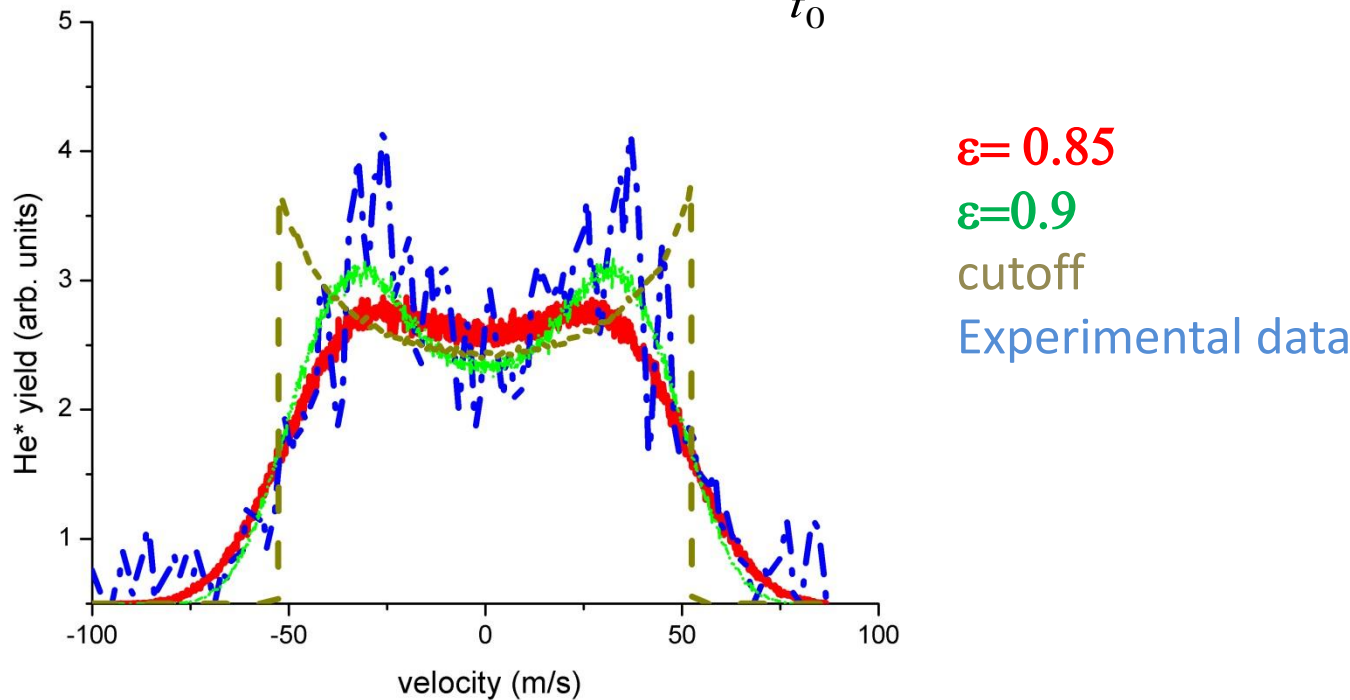
$$v \approx \frac{1}{\sqrt{1 - (v/v_0)^2}}$$

Acceleration in standing light wave

First approach: stable atom, polarizability $\sim 1/\omega^2$

Instance of tunneling matters

$$v \approx \nabla \bar{I} \int_{t_0}^{\infty} \exp\left(-\frac{t^2}{\tau^2}\right) dt$$



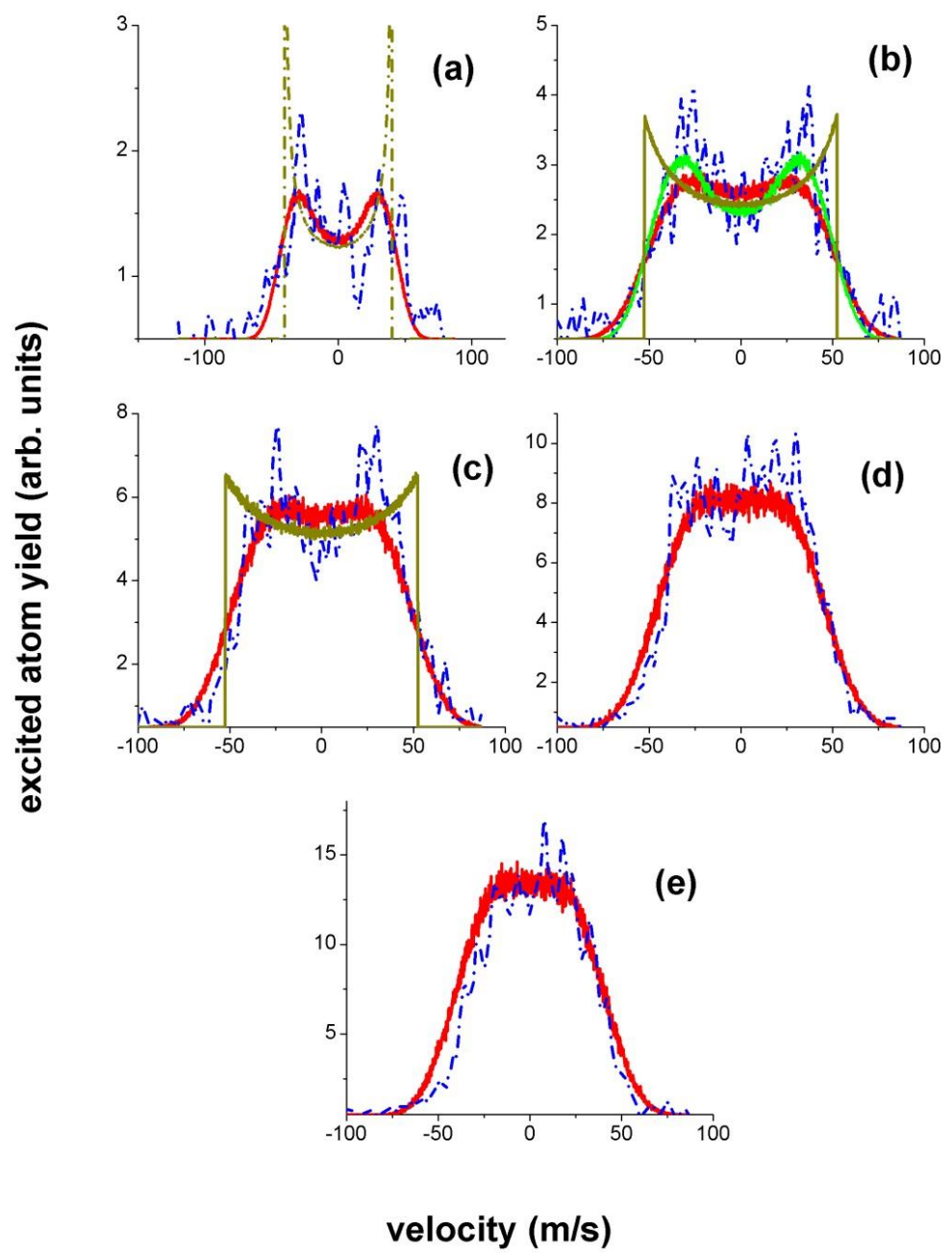
Introduction of a maximum gradient intensity
above which an atom is assumed to be ionized
Strength determined from experimental results

Results: simplest model

Using experimental parameters cutoff
gradient determined by best fit

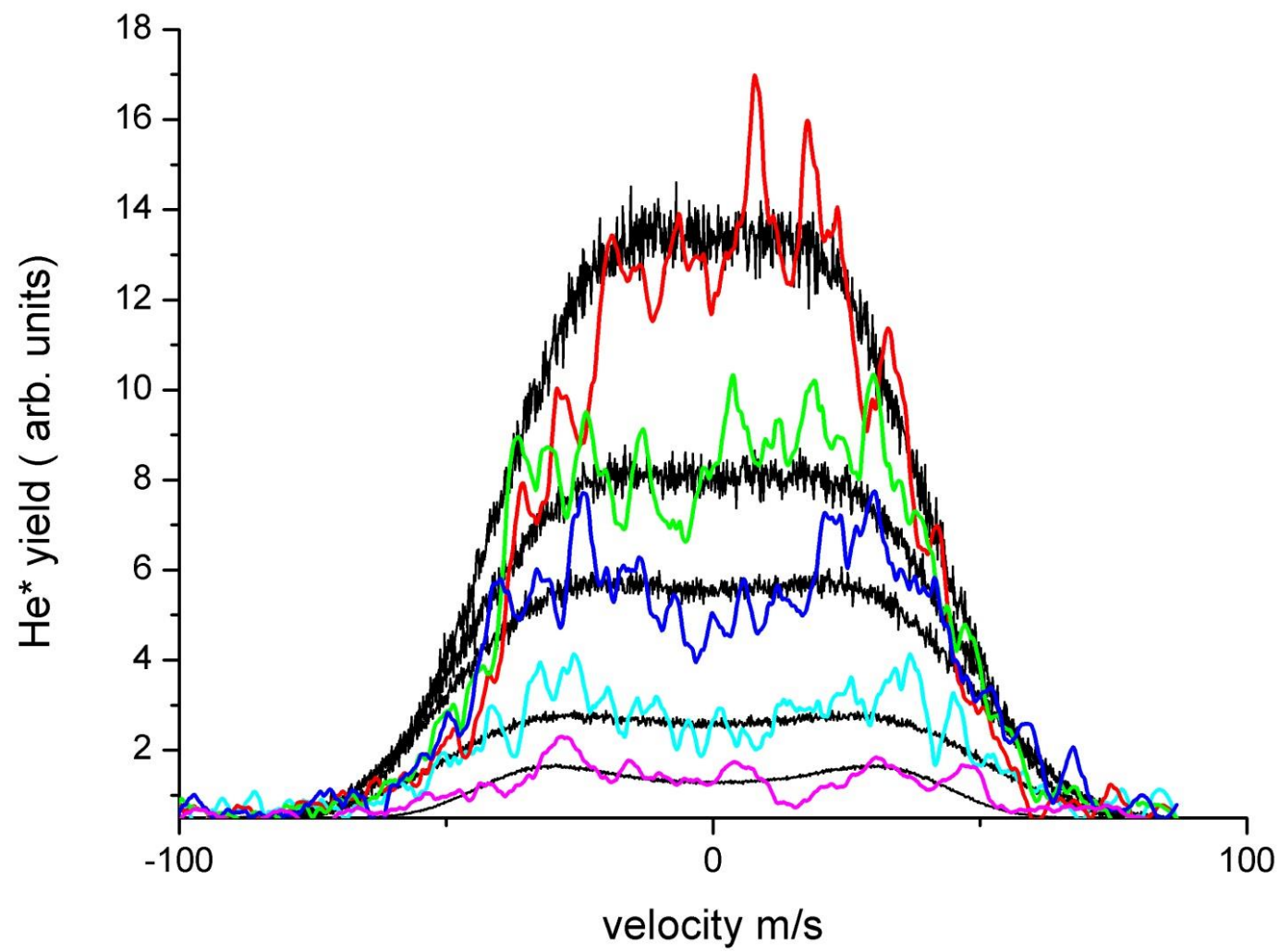
$\epsilon = 0.85$
Intensity gradient cutoff $1.5 \cdot 10^{-4}$ a.u.
Experimental data

Cutoff gradient
corresponds to ionizing field for
principal quantum number $n > 4.5$



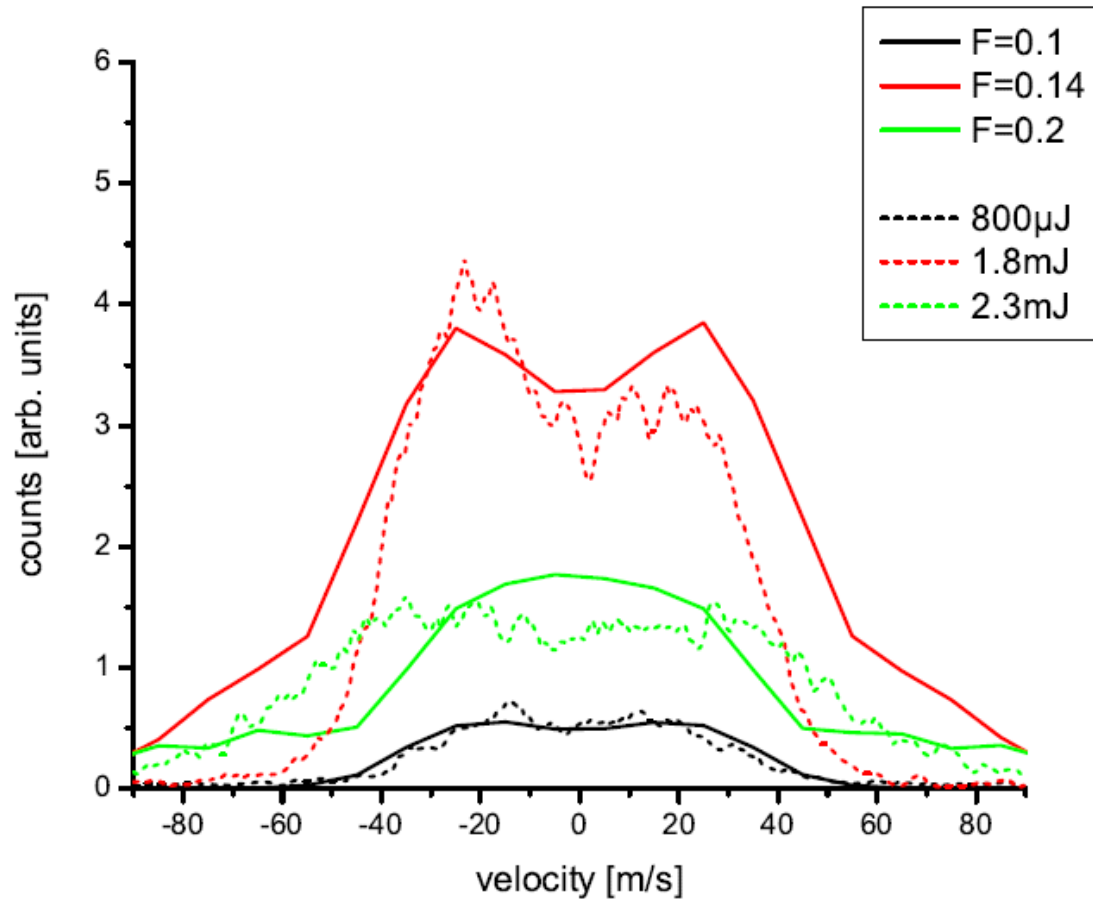
Results: Simplest model

Using experimental parameters , cutoff gradient determined from fit



Full calculations (Coupled Lorentz equation)

S.Eilzer PhD thesis 2015, unpublished



Conclusion

- Excitation of atoms in strong laser fields through frustrated tunneling ionization
- Excited atoms feel the intensity gradient of the focused laser field -> deflection
- Gradient limits excitation to intensities of $5 \cdot 10^{15} \text{ Wcm}^{-2}$,
- Observation of Kapitza-Dirac scattering of neutral atoms
in strong short pulse standing laser waves
Observed final velocity suggests a scattering rate exceeding 10^{16} photons /second

Hamiltonian

$$H = 1/2m_i(\vec{p}_i - q\vec{A}_i)^2 + V(r) \quad \text{i: either ion or electron}$$

Dipole approximation: $\vec{A}(\vec{r}, t) \equiv \vec{A}(t) \quad \vec{A}_x = \vec{E}_x / \omega$

CMS and relative coordinates

$$H = \frac{P^2}{2M} + \frac{p^2}{2\mu} - \frac{e}{2\mu} \vec{A}(t) \cdot \vec{p} + \frac{e^2}{2\mu} \vec{A}^2(t) + V(r)$$

Standing wave: $\vec{A}(\vec{r}_i, t) = -\vec{A}(t) \cos(kz_i)$

First order:

$$H = \frac{p^2}{2\mu} - \frac{e}{2\mu} \vec{A}(t) \cdot \vec{p} [\cos(kZ) + kz \sin(kZ)] + V(r) \\ + \frac{P^2}{2M} + \frac{e^2}{2\mu} \vec{A}^2(t) [\cos^2(kZ) + kz \sin(2KZ)]$$

Kapitza-Dirac-Effect (quantum mechanically, simplest model)

Ponderomotive potential for electrons (neutrals) in a standing wave light field

$$U_P = \frac{e^2 I}{4m_e \omega^2} \cos^2 kz$$

Quantum mechanics (1D)

$$H = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial z^2} + U_P$$

Wavefunction expanded in plane waves
with momentum $n\hbar k$

$$\Psi = \sum_n c_n(t) e^{inkz}$$

$$i \frac{dc_n}{dt} = \left(\epsilon n^2 + \frac{V_0}{2\hbar} \right) c_n + \frac{V_0}{4\hbar} (c_{n-2} + c_{n+2})$$

solutions
(ϵ : kin. energy)

$$\epsilon \ll V_0 / \hbar$$

diffraction regime

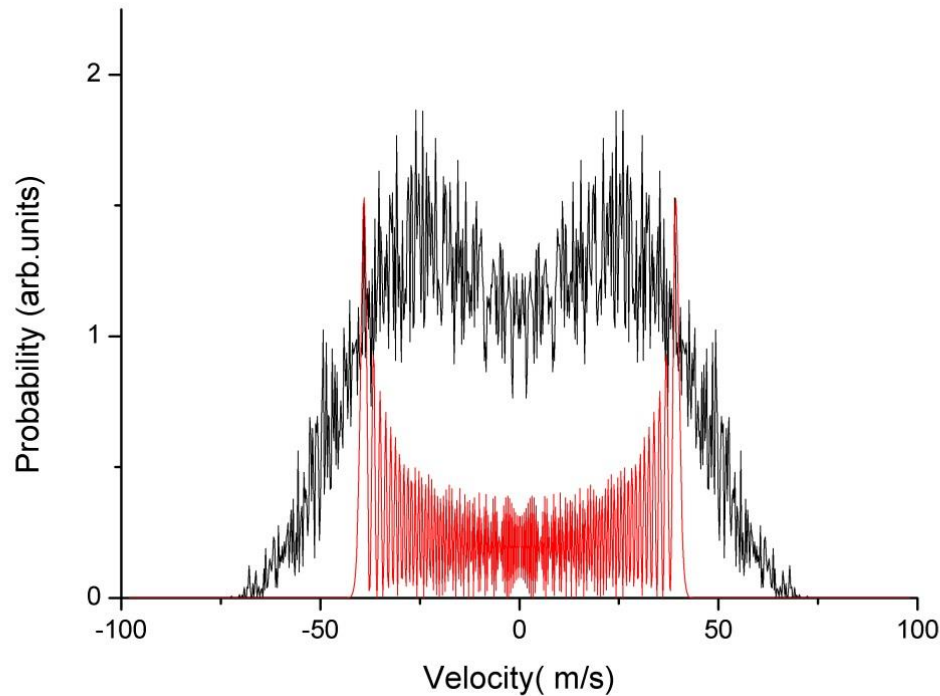
$$\epsilon \gg V_0 / \hbar$$

Bragg regime

Kapitza-Dirac-effect for neutrals

$$|c_n|^2 = J_n^2(V_0 t / \hbar)$$
$$n = 0, \pm 2, \pm 4 \dots$$

Realistic time of acceleration



Fixed time of acceleration

Results similar to classical description (transfer of more than 800 photon momenta)